

# NON-TEST-BASED STRATEGY FOR RELEASING CASES AND CONTACTS FROM HOME ISOLATION AND QUARANTINE

Adapted from the Tennessee Department of Health

## CASES

Must be isolated for a minimum of 7 days after symptom onset and can be released after afebrile (without the use of fever reducing medications) and feeling well for at least 72 hours.

### Examples:

- A case that is well on day 2 and afebrile and feeling well for 72 hours must remain isolated until day 7.
- A case that is well on day 4 and afebrile and feeling well for 72 hours can be released on day 7.
- A case that is well on day 7 and afebrile and feeling well for 72 hours can be released on day 10.



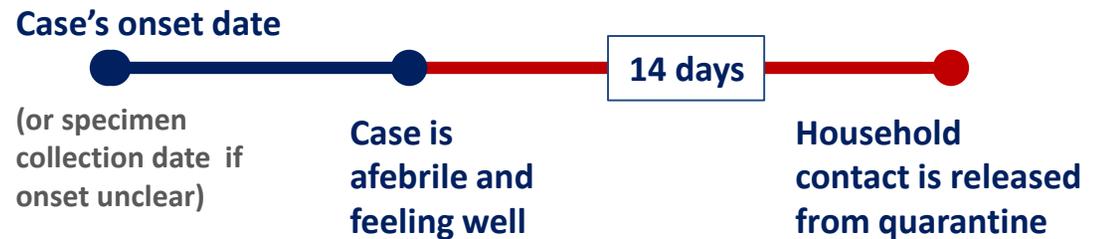
## HOUSEHOLD CONTACTS

Must be quarantined for 14 days after the case has been afebrile (without the use of fever reducing medications) and feeling well.

*This means that household contacts may need to remain at home longer than the initial case.*

### Examples:

- A case is well 3 days after onset. The household contact must remain quarantined until day 17.
- A case is well 7 days after onset. The household contact can be released on day 21.
- A case is well 14 days after onset. The household contact can be released on day 28.



If a household contact develops symptoms, they should self-isolate and use follow instructions above for "cases."

## NON-HOUSEHOLD CONTACTS

Must be quarantined for 14 days from the date of last contact with the case.

