



WOMEN'S SELF-DEFENSE CLASS

Sponsored by the Odessa Police Department
205 North Grant Avenue, Odessa, Texas

Cost: **Free**

Target Students: Women who want to learn basic self-defense

Age Limit: Must be 18 years of age or older

Attire: "sweats" or comfortable clothes and running or tennis shoes

Date and Time: **CHOOSE ONE of TWO CLASSES: 1 day/4 hours – 8:00 am – Noon**

CHECK THE DATE YOU WANT TO ATTEND:

___ March 24, 2018 (Saturday) – Registration deadline March 19th

___ April 7, 2018 (Saturday) – Registration deadline April 2nd

Location: 205 N. Grant Ave. – **Odessa Police Department 1st Floor Classroom**

E-Mail Registrations to: Deborah DeVolin: ddevolin@odessa-tx.gov OR Fax: 432-335-5748

Name: _____ AGE: _____

Address: _____

CELL Phone: _____ Email: _____

Each class is limited to the first 14 reservations received (you will receive a confirmation email).

***** ONLY registered participants are allowed in the classroom *****

To participate in the training, students must sign a liability waiver at the beginning of the class.

Instructors: **Sgt. Caleb Lacey/Cpl. Brandon Ford**